

## TABLE OF CONTENTS

Elizabeth Kindelmann	II
Ecclesial approbation	IV
International congress	V
Letters of bishops	VIII
Preface to the present spanish edition Padre Rona, S.J.	1
Preface for the first spanish edition Mons. B. Echeverría	3
Introduction	5
The author of the Diary Élizabeth Szántö Kindelmann	5
Contents of the Diary	6
<b>Spiritual Diary</b>	
<b>1962</b>	
My spiritual fights : obscure night	9
The Lord knocks at the door	12
For so a long time I was waiting for you	13
Deny yourself completely	13
At the school of the divine master	16
In the church	16
Message of the Mother of God	18
The first Holy Hour, see to it that we become many	19
Contribute to the conversion of sinners	22
Every beginning is hard	24
Fast with bread and water for twelve priests	25
Do deny yourself - insistence of Jesus	27
Go to my Mother, she will help you	28
I have been waiting so long for you	29
Do your utmost to lead sinners to Me	30
Persevere with Me	32
Agenda	33
First communication of the Blessed Virgin	37
The Flame of Love of my Heart : a new instrument to push forward the Work of Salvation	37
Do this Holy Hour of atonement in family	38
The miracle of the Flame of Love	38
Sublime mission : to propagate the Flame of Love	39
Take part all of you to my Work of Salvation	40
Show zeal in handing the Flame of Love to avert	

the hand of Justice of My Father	42
At the school of humility	45
Say to those concerned	46
I am the beggar of the country	47
Sacrifice – prayer	48
Small sparks, creatures of God	49
Community prayer	50
Temptation of the Devil	50
To receive great graces, the Lord prepares our soul with sufferings	51
Feast of the Candlemas	53
Announce my Mercy, sacrifice yourself	53
Offer your nightly vigil for youth and childhood	55
I need your energies! Help!!	57
Speak to my children, they will be my ambassadors	58
Dream	59
Pleasant company and wise advices	61
Interpretation of the dream	63
If only I was perceiving your good will and your decision to set yourselves in motion	65
Look after the so fine dress of sanctifying grace	65
Atone for the consecrated souls	66
Answer to Jesus by the profound repentance of your sins	68
In the solitary night, I am looking for hearts	69
Suffer with Me	69
I have pity on the crowd	70
Laments of the Sacred Heart of Jesus	70
You,...fan the fire...	71
It hurts me so much, but so much	71
Admit your deficiencies. I pardon and forget	72
Elect soul	73
Only thus will I be your guest	74
At Corpus Christi	74
The overflowing Love of my Heart receives no answer from souls	75
In the solitary night, I look for hearts	76
I cover the souls with my maternal mantel	77

Satan remained blind for a few hours	78
Nearer is the moment when my Flame of Love will light up on all the surface of the earth	78
Feast of the Flame of Love : February 2 <sup>nd</sup>	79
You care only for your own affairs. Why don't you bring them to me ?	80
Jesus gives his graces to whoever has recourse to the Flame of Love	80
Increase your desires of the Salvation of souls	82
Do your utmost to put out Satan's fire !	83
Souls to Me consecrated : don't let carelessness take possession of you	83
Desire, a marvelous instrument which unites Heaven to earth	85
Increase your desire for my Flame of Love	86
Let the coming of my kingdom be the aim of your life on earth	86
Laments of Jesus because of consecrated persons	88
Be always happy. Let people feel that you have part to the celestial feast	89
To dedicate our homes to his Sacred Heart	91
I bless this home dedicated to my Sacred Heart	92
To unite our pains of mortification to those of Christ	92
You too, be more patient with yourself and with others	93
The gift of silence	94
Small sparks > Great Saints	95
Represent the souls of your parish community	96
First...mature in the bosom of the family	98
Look for and love humiliation	98
Meditating the Passion of Christ, the soul can liberate itself from the devil	99
Commit oneself to Jesus without reservation for the Salvation of souls	102
Send my Cause to the first Bishop of the country and to the Holy Father	102
Effect of grace on the dying	103
To live in continuous humiliations so as to receive the graces of the Blessed Virgin	105

Suffer with Me	107
Fasts for the sacerdotal souls in purgatory	108
Days of graces : Thursdays and Fridays, make « hours of atonement »	109
One matures by pains and sorrows	113
Have recourse to Saint Joseph. Ask for his protection	115
Remain continuously in my Work of Salvation	115
Let our hearts beat in unison	117
Be a light for my Holy Church	118
Ask for numerous and true spiritual guides and confessors of holy life	119
Graces that a mother receives by the Flame of Love for her children	121
Satan tented me terribly	122
Message of Jesus to religious : engage in a profound spiritual life	122
Souls of Purgatory must feel the action of the Flame of Love of my maternal Heart	123
Month of November, month of the effect of grace	124
And the Word became flesh...	126
O, the destroyed families...Atone and suffer for them	127
Propagate my Flame of Love to blind Satan	129
Why are you not satisfied with small sacrifices?	131
Important invocation : in the Ave Maria, add that Demand...	132
History of Hungary	133
The effect of prayer of atonement	134
Be my little sunflower	135
The great grace of holy purity	137
I am going to tell you why I chose you	138
Vexations of the Devil for making known the Flame of Love	140
The participation to holy mass is what contributes most to blind Satan	143
Nuns and religious dispersed	143
Sceptical words of the priest	144
Offer your works for the glory of God ! This offering helps to blind Satan	147

New trials for making known the Flame of Love	147
I brought the messages of the Virgin to the Bishop	149
The grace of abandoning in God	152
The priest did not understand the Flame of Love	153
You are an instrument in our hands	155
The Devil hit me	156
Again the priest does not understand	157
Temptations. Great graces prepare one for great sufferings	159
<b>1963</b> My Jesus adored	162
I live of the grace of abandonment in You	162
I am begging your love	163
How many souls incur damnation! You too are a mother	164
Satan attacks once again	164
Letter to the nun accompanist : atrocious torments	166
The admirable grace of abandonment. Be very humble	169
Let our look melt one in the other	170
Suffer with sweetness. I am going to intensify your sufferings	171
Through your littleness and humility	172
Mater Dolorosa	172
The penetrating view of his Eyes	172
Satan told me : take out your life – I answered : Heavenly Father, liberate me from the Devil	173
To live in his Will	174
Never leave me without your sufferings	175
Blindness and brightness will alternate in your soul	176
To love ardently in order to light up the Flame of Love	178
The powers of Hell will be shaken	179
Abandonment in Jesus, on the way of humiliations	180
Only look at Me	182
Your sufferings, I will increase them up to martyrdom	183
Do not let Me alone	183
The Flame of Love will light up the souls of my family members	184
My soul elevated in the presence of God	185
Live more saintly again	186

We have no time to lose	187
I saw another priest and he also doubted	188
The Spirit of Force illuminates my spirit	190
Because of lack of faith, the earth will pass through a great shock	193
Will come a time of grace similar to the first Pentecost	193
Once more before the bishop	193
The greatest suffering : being misunderstood	194
Let the Salvation of souls be our single preoccupation	195
The Lord made felt the presence of God to other people who came near me	196
Make yourselves worthy through repentance	198
I, the beautiful Ray of Aurora, I will blind Satan	199
My Flame of Love is looking for refuge in front of Herod's hatred	200
Ask in all confidence, I called all of you to my work of Salvation	201
The respiration of your soul is external and internal humiliation	202
We were with the doctor : I always listen to your persevering prayers	203
You are the light of my eyes	204
Suffer with courage and perseverance	205
The Flame of Love of my Mother appeases the pain of my Heart	206
Burn like the burning bush which burns without consuming itself	207
Mary will be venerated even more when she spreads in hearts the effect of grace of her Flame of Love	209
You can be rid of Me as you wish	209
Repentance and gratefulness, that is what I am asking for	210
Wash your soul, refrain your view	211
Through sufferings and humiliations, you will become worthy to serve the Cause	213
As for You, remain very humble and ignorant	214
I reward your great compassion for the souls in purgatory	215

I am going to look for hearts	215
Let your life be self-communion, prayer and sacrifice	216
Its effect of grace will spread also on the dying	217
Doubts, interior humiliation	218
On all people and nations, baptised and non-baptised	219
I privilege families where the Holy Hour is kept	220
Keep carefully the silence of your soul	221
Only a mother can understand the anxiety and pain of my soul	222
Hurry up	222
What happened during adoration to the Most Holy Trinity	223
In your uselessness, I will always be your steadiest support	226
The Flame of my Heart, I cannot retain it anymore. Its action will ignite all souls	227
Interacting forces of the whole world are necessary to blind Satan	229
Such was the Virgin's insistence...	230
Do not stay passive	231
My soul has been delighted	231
Do penance	232
The dusty altar	233
I am leading you	235
The gift of grace the Virgin Mary offers to us	236
<b>1964</b> Floods of graces through adoration of the Holy Sacrament	237
The Devil wants to rip off the main wealth of your soul : he wants to break your humility	238
I want that not a single soul incur damnation. Wish it, you too, with me !	239
I am the great Blood Donor	240
The Lord and the Virgin Mary wish that every home be a sanctuary	241
Deny yourself and your hobbies	243
I heard some light steps on the iced snow	244
Whoever reads this will also take part to the effusion of my graces	245

I have taken your heart in my hands	246
My Providence remains unsoundable for you.	
Be confident	247
Gather with Me. My workers are not numerous	248
Let your soul also be quite transparent	249
Now, both of us have taken back new forces	249
I dilate your heart by the fire of my Love	250
You have to suffer up to martyrdom	251
The temptation of the Devil must not make you deviate from the way of faith and confidence in Me	253
Console Me for others. Let your will be uninterrupted	254
My drops of Blood are a blank check in your hands	255
All sums up to that : to blind Satan!	256
Enter where I am : how I was waiting for you	257
I immediately came to you. Understand the ardent desire of my Divinity	258
What would I not give to the soul who corresponds to my Love?	259
Sublime vocation of family mothers. I need them for my Work of Salvation	260
I give great graces to family fathers who collaborate with Me	262
Do you know what peace is mine? The one the world cannot give	263
Jesus, true God and true Man, gives the effect of his Work of Salvation and makes us saints	263
To make sacrifices in order to save souls	264
Make sacrifices also for priests for them to get out of their idleness	265
Desire is a marvelous instrument	266
Again the presence of the devil...and that of Jesus	266
Incline your head on my Heart	268
Let our eyes look each other, and our views melt in a single one	269
The urgent importance of the Cause	269
Today, the whole day, suffer with Me	270
The most beautiful homily I listened to in my whole life	271

Patience, perseverance, application	273
You too are a broom in my Hands	273
Your Master takes care of you	274
There is the music of my heart	275
Our requests, don't let them aside! Urge them on!	276
Let I alone be your whole !	276
Fan the Flame of Love of my Heart	
by your sacrifices	277
The reward of doing fast on Monday	277
The possession of the Most Holy Trinity	278
Let the spreading the Flame of Love be	
the main aim of your life	279
New sufferings, coming back to see my Director	280
Jesus and Mary urge me : humiliation accepted	
gives an impulse to our cause	280
Look neither to one side nor to the other.	
Look only in my Eyes	281
You see how useful is this little moment	282
Fill each day with my divine Love	283
By your repentance, you attract Me to you	283
Your unfailing repentance makes Me happy	284
I don't drop neither you nor anybody	284
The contrition of your sins makes your soul charming	285
I will intensify again your sufferings	286
To pray for sinners for them to repent	287
Your soul is like a source	288
Love Me above all !	288
You have been elevated by your own dignity	
as a mother	289
You give preference to this reading which entertains?	290
Jesus comes to me	290
You are my living custode	292
I hardly support to wait your arrival	293
The torment of doubts	293
Settle your terrestrial affairs	295
I am with you up to the day of your death	295
Recite the Rosary for the sacerdotal souls	295
Laments because of consecrated souls	297

I spread the brightness of divine mysteries	298
Satan blinded, the conciliatory decrees will be put in application	299
Words of the Lord to devout souls	300
Pious souls, repent for yourselves and for others too	301
Your confessor has started the holy Cause	301
By your total abandon, you have become my harp	302
After your death, you will be an example for your neighbours, and they will follow my way	303
Accept all for my Glory	305
Suffer with heroism, unceasingly	305
We are going to fight fire by fire	306
What is the degree of merit of everyone?	307
Promptitude for the Work of Salvation will make others act rapidly	308
I will divide in three parts what remains of your life	310
<b>1965</b> Doubts	311
Be confident in Me	314
The effect of grace reaches the soul through confession	315
Happiness given by the sacrament of confession	315
Satan, blinded, cannot induce to sin	316
Go, you must bring some bread to your family	316
Here I am near you – said Jesus	317
When you pray for somebody, you will never be spurned	318
The Lord allowed me to suffer for others	319
Spirit of Force	320
I will not increase anymore your sufferings	321
After your death, your place will be near Me	322
Satan's impotence	323
Renewed attacks from the Devil	323
The fight of your soul was making my delight	324
Delight of the Most Holy Trinity – Victim burning of Love	325
A desperate fight by Elizabeth	327
Obedience triumphs from the Devil	328
Obey your confessor	330
The holy nightly vigil	331

Let your home be my sanctuary	332
The word of your confessor is my Word	332
The Heavenly Father welcomes your desire to save souls	335
Through the Flame of Love, God comes down near souls	336
My Will is to save you	337
I desire to save the dying	338
Fast to bread and water until	
the holy Cause reaches the Holy Father	339
Negative answer to fast by the priest	341
He allowed me to feel the transubstantiation	
of his Most Holy Body	342
Month of november, month of sufferings souls	343
The contrition of our sins redeems souls	344
In what consists to follow saints' example ?	345
It is in such a manner that you have to invite Me	
to your table !	346
He taught me again : You are the light of the world	347
<b>1966</b> How great is the power of repentance!	348
Blessed soul are you, for your repentance	349
You too are like this match	350
Why to think that you are alone? I was following	
with a special care each of your steps	351
Do you know what is the nicest gift ?	352
To atone for sinners	353
The Devil wants to make you fall in despair,	
You, simply, be humble!	354
I want to listen to the desire of your heart !	354
...For you to see the way	356
I am paying you with the sorrow of my sins	357
Do you understand the divine mysteries?	358
Suffering brings tears of repentance	359
The Flame of Love will inundate your confessor	360
I made you administrator of my Graces	360
<b>1969</b> I will send you a priest	361
<b>1971</b> Language is a gift of God : you must speak	361
<b>Teachings</b>	
<b>1975</b> About the teachings of Jesus, the Virgin Mary	
and the Guardian Angel	363

First teaching	363
Second teaching	363
Third teaching	364
Fourth teaching	364
<b>1969</b> Elizabeth decided to throw into the fire the written texts. But Jesus paralysed her hand	365
<b>1971</b> I require from God a sign	366
<b>1977</b> Doubts and crises	368
<b>1980</b>	
Demand of the Virgin : that we should fast on Mondays	370
The Virgin's advice on fasting	371
<b>1981</b> It is urgent to form communities of prayer of atonement	371
To renew the Third Order of Carmel	372
Not to impede Mary to spread the effusion of grace of her Flame of Love	373
Great mobilisation of petition to the Holy Father	374
Pray unceasingly the ones for the others !	374
<b>Summary of the DIARY</b>	375
The gift of grace that the Virgin Mary offers us	375
Graces promised by the Virgin Mary	376
What Jesus and Mary ask us ?	377
Veneration of the Holy Wounds	377
Usual manner to sign oneself five times	377
The Flame of Love of the Mother and the families	377
Atonement	378
Message of Jesus to family fathers	378
Request of the Blessed Virgin to the Holy Father	378
Request of Jesus to his priests and to souls consecrated to Him	379
What the Lord Jesus asks of his beloved priests	379
The Flame of Love of the Virgin and the sinners	380
The means to save souls	381
The Flame of Love of the Blessed Virgin and the dying	382
Request of the Blessed Virgin to all	382
The Flame of Love and the souls of Purgatory	383
New privileges for those who keep a severe fast on Mondays	383

<b>Movement of the Flame of Love</b>	<b>385</b>
Crown of invocations to the Immaculate Heart of Mary	386
Movement of the Flame of Love	
of the Immaculate Heart of Mary	387
Introduction, Objective, Condition	387
What is the Flame of Love ?	388
How to light up the Flame of Love?	388
How to maintain this Flame of Love in our hearts ?	388
Ways to transmit the Flame of Love	389
Mission of the Movement of the Flame of Love	390
Engagement of the Movement	391
Feast of the Flame of Love	392
Vigil	392
Prayers in order to ask the Flame of Love	392
Holy Hour of atonement in family	392
Ave Maria for your personal rosary	393
<b>Suggestions in order to form prayer groups</b>	<b>394</b>
Meetings of the group	394
Prayer at the delivery of the candle	397
Prayer to Saint Joseph	400
Emblem of the Movement of the Flame of Love	402
Table of contents	407
Movement of the Flame of Love in Brazil	420
A few addresses	423

